



Winter in all of Our Lives

There is a winter in all of our lives,
a chill and darkness that makes us yearn
for days that have gone
or put our hope in days yet to be.

God, you created seasons for a purpose.
Spring is full of expectation
buds breaking
frosts abating and an awakening
of creation before the first days of summer.

Now the sun gives warmth
and comfort to our lives
reviving aching joints
bringing colour, new life
and crops to fruiting.

Autumn gives nature space
to lean back, relax and enjoy the fruits of its labour
mellow colours in sky and landscape
as the earth prepares to rest.

Then winter, cold and bare as nature takes stock
rests, unwinds, sleeps until the time is right.
An endless cycle
and yet a perfect model.

We need a winter in our lives
a time of rest, a time to stand still
a time to reacquaint ourselves
with the faith in which we live.

It is only then that we can draw strength
from the one in whom we are rooted
take time to grow and rise through the darkness
into the warm glow of your springtime
to blossom and flourish
bring colour and vitality into this world
your garden.

Thank you, Creator God
for the seasons of our lives.

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